

## COMMUNITY SERVICES

## GRASP

Group for Raising Awareness of Suicide  
& Prevention

This 6 week interactive program is designed for young people, targeting those who have attempted, or are at risk of attempting, suicide.

The program combines psycho-educational support with interactive activities to increase students quality of life and reduce the risk of suicide.



### FOR MORE INFORMATION

Please contact Jessica Thomson on  
ph: 02 9727 4333 or 0402 606 517

### COMMUNITY FIRST STEP

25 Barbara Street  
Fairfield 2165

### TARGET GROUPS

Aboriginal and Torres Strait Islanders  
Culturally and Linguistically Diverse  
At Risk Young People  
LGBTI

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